July 2016						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JULY 2016

CALENDAR

July 4 - CLOSED *Independence Dav*
July 5 - First day Summer Taffy
July 6 - Senior Dinner
July 7 - Italian Cooking Class
July 11 & 25 - Community Jam
July 21 - AARP Defensive Driving Class

Senior Monthly Dinner

Bring a dish to pass
& Your Place Setting
July 6, 2016 6:00 pm
~ All are Welcome ~
First Wednesday of the month
Next Dinner: August 3, 2016

AARP Defensive Driving Class

July 21 9:00am - 3:30 pm
Fee: $20 for AARP Members
$25 for Non-members
$5.00 / person fee for BFCC
Call/stop in to register for classes
562-8443 ext 303

Italian Cooking Class

with MaryAnne Holleran

Thursday, July 7, 2016
6:30-8:30 pm
Cost $20 / person
MENU:

Italian Three Bean Salad
Country Style Rigatoni
Italian Date Bars
Guest Chef: John Castiglione

Space is limited; call office to sign up

Mark your Calendar:

Red Cross Blood Drive
Tuesday, *August 9, 2016*
Walk-ins Welcome 1-6 pm

Youth Programs:

Summer TAFFY

July 5 - August 5, 2016
(Registrations on-going)

Teen Night Out

(Mark your Calendar:)
August 2nd - Teen Cookout
August 9th - Binghamton Mets Game
August 11th - Seabreeze Amusement Park
*** RSVP & Volunteer Hours Required ***

Senior Dinner - July 6th

Volunteer Opportunities Available
Youth Dept. : 562-8443 ext 307

Teens looking for odd jobs?

Residents need odd jobs / yard work done?

Y.E.S. (*Youth Employment Service*)

A year round service for youth ages 14-21 yrs looking for work and for individuals and businesses that have work to be done.
Call the Youth Department for details.
607-562-8443 ext 307

~Calling all Musicians ~

Looking to Share your talents and learn new music and most of all have FUN?

Community Jam Session
2nd & 4th Monday / month 6-9pm
Big Flats Community Center
Open to all musicians of any talent & skill level

July 2016

Exercise

Dance with Tracy Wigley:

Dance Classes to Resume July 25th

Childrens Ballroom & Latin
Mondays 4:00-5:00pm / Fee $15 per class

Boot Scootin' Bandits Line Dancing
Mondays 6:30-7:30 pm / Fee: $10 per class

International Latin
Mondays 7:30-8:30 pm / Fee: $15 per class

Children's Ballroom & Latin Team
Thursdays 4:00-5:00pm / Fee $10 per class

Children's Beginner Ballroom & Latin
Thursdays 5:00-5:30pm / Fee $10 per class

Social & Party Dance
Thursdays 6:30-7:30 pm / Fee: $15 per class

Ballroom & Latin Dance
Thursdays 7:30-8:30 pm / Fee: $15 per class

Bone Builders
Tuesdays/Thursdays 10:00-11:00 am
Call Cornell Cooperative Extension 734-4161 to register.
(doctor's release and paperwork required for new participants)

Flexibility Exercises
(using chairs for balance)
Mon/Wed/Fri 10:30-11:30 am

'Gentle' Yoga-Karen Clark Romans:
Tuesdays 6:00-7:00 pm
Thursdays 6:00-7:00 pm
Fee: $42/6 classes; $10 Drop-in

Zumba with Vicki Rossettie:
Wednesdays 7:30-8:30 pm
*Thursdays 12:30-1:30 pm
Fee: $42/6 classes; $9 Drop-in

The red rolling book cart has books for adults available to the community for free. Please feel free to take a book and/ or donate a book back. Available in the outer lobby.

The **Bright Red Bookshelf** provides **FREE** books. Look for the **Bright Red Bookshelf** in the outer lobby and take a book or two for the children in your life. Book donations accepted in the office.

Big Flats Community Center
476 Maple St. Big Flats, NY 14814
607-562-8443 x. 303
TDD-711
communitycenter@bigflatsny.gov
Office Hours 8am - 4pm
Website: www.bigflatsny.gov

Creative Hands:

ART:

Tuesday Painting
Tuesday 1-4 pm
BYO Project
Will Return Sept. 6th

Portrait Workshop
Wednesday 1-4 pm
$10.00/Class
*** Will Return September 7th ***

Sewing / Knitting:

"Senior Sewing"
Wednesday 9-Noon
BYO Project
Instruction available

"Knit 'n Knots"
Monday & Friday 9-Noon

Senior Bus Trip 2016

- Aug 24 ~ Cortland Repertory Theater "Kitchen Witches" Comedy
- Sept 13&14 Lancaster, PA 'Sampson"
- Oct 6 ~ Penn's Peak "The Rat Pack"
- Nov 10 ~ Beaches Dinner Theater, Rome, NY "X-mas in the 50's"

For more info call:
Mary Lee Fairbrother 562-796-9720
Donna Wren 562-7418
Margie Flynn 562-3736

Card Games:

Monday: BRIDGE
Tuesday: The Players / Bridge
Wednesday: EUCHRE
Friday: PINOCHLE

12:30-4:00 pm
Come and play!
All are Welcome!

Eat Well, Live Well Lunch

Mon./Wed./Thurs.
Lunch 11:30 am
Suggested donation $3
Sponsored by:
Office of Aging & Long Term Care
Please call 737-5520 one day in advance for reservations
Monthly Menus available in Lobby