

# February 2016

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| 28 | 29 |    |    |    |    |    |

## CALENDAR

- February 4 ~ Italian Cooking class
- February 5, 12, 26 Winter TAFFY / Bingo
- February 8, 22 "Community Jam Session"
- February 14 Happy Valentine's Day 
- February 15 ~ Closed ~ Presidents Day
- February 16 Teen Meeting  
\*\* Teen vs Senior Euchre Tournament \*\*
- February 17 Citizen Preparedness Training
- February 22 YO meeting
- February 22 & 23 AARP Driver Safety Class
- February 23 Red Cross Blood drive
- February 25 ~ Historical dinner



### Senior Monthly Dinner

Bring a dish to pass  
& Your Place Setting  
First Wednesday of the month  
\*(except February & February)  
**March 2, 2015 6:00 pm**  
~ All are Welcome ~

### AARP Defensive Driving Class

February 22 & 23 ~ 5:30 - 9:00 pm

Fee: \$20 for AARP Members

\$25 for Non-members 

Call/stop in to register for classes

562-8443 ext 303

### Italian Cooking Class

with MaryAnne Holleran

Thursday, February 4, 2014

6:30-8:30 pm

Cost \$20 / person

MENU:

Chocolate Pasta w/ Hazelnut Cream Sauce & Fresh Berries  
Pane e Cioccolata al Cucchiaino (Chocolate Bread Parfait)  
Hazelnut Meringues w/ Chocolate Mascarpone

Space is limited; call office to sign up

Next class: March 3, 2015

## Youth Programs:

### Teen Meeting

February 16 ~ Noon - 4pm

Teens vs Seniors Euchre Tournament

### YO Meeting

February 22 ~ 5 pm Monthly Meeting

### Winter TAFFY

February 5, 12, 26 5-7pm 'BINGO'

Volunteer Opportunities Available

Youth Dept. : 562-8443 ext 307

### Teens looking for odd jobs?

Residents need odd jobs / yard work done?

### Y.E.S. (Youth Employment Service)

A year round service for youth ages 14-21 yrs looking for work and for individuals and businesses that have work to be done.

Call the Youth Department for details.

607-562-8443 ext 307



## Citizen Preparedness Corps

With severe weather events becoming more frequent and more extreme, it is more important than ever that New Yorkers are prepared for disasters. The NY Citizen Preparedness Training Program teaches residents to have the tools and resources to prepare for any type of disaster, respond accordingly and recover as quickly as possible to pre-disaster conditions. The training course will provide an introduction to responding to a natural or man-made disaster. Participants will be advised on how to properly prepare for any disaster, including developing a family emergency plan and stocking up on emergency supplies

### Are You & your Family Prepared for an EMERGENCY?

Open to All residents & children at home alone

WHEN: Wednesday, February 17th

WHERE: Big Flats Community Center ~ 6:00 pm

For additional information, visit

[www.prepare.ny.gov](http://www.prepare.ny.gov)

BFCC office 562-8443 ext. 303



### ~Calling all Musicians ~

Looking to Share your talents and learn new music and most of all have FUN?



### Community Jam Session

Hosted by: Dicky T's Reminiscence

2nd & 4th Monday / month 6-9pm

Big Flats Community Center

Open to all musicians of any talent & skill level



## Red Cross Blood Drive



February 23, 2014

1:00—6:00 pm

Walk ins welcome

Big Flats Community Center

# February 2016



## Exercise Classes

### Dance with Tracy Wigley:

Mondays 4:00-5:00pm / Fee \$15 per class

### **Childrens Ballroom & Latin**

Mondays 6:30-7:30 pm / Fee: \$10 per class

### **Boot Scootin' Bandits Line Dancing**

Mondays 7:30-8:30 pm / Fee: \$15 per class

### **International Latin**

Thursdays 4:00-5:00pm / Fee \$10 per class

### **Children's Ballroom & Latin Team**

Thursdays 6:30-7:30 pm / Fee: \$15 per class

### **Social & Party Dance**

Thursdays 7:30-8:30 pm / Fee: \$15 per class

### **Ballroom & Latin Dance**

### Bone Builders

Tuesdays/Thursdays 10:00-11:00 am

Call Cornell Cooperative Extension 734-4161 to register.

(doctor's release and paperwork required for new participants)

### Flexibility Exercises

(using chairs for balance)

Mon/Wed/Fri 10:30-11:30 am

### 'Gentle' Yoga-Karen Clark Romans:

Tuesdays 6:00-7:00 pm

Thursdays 6:00-7:00 pm

Fee: \$42/6 classes; \$10 Drop-in

### Zumba with Vicki Rossettie:

Wednesdays 7:30-8:30 pm

\*Thursdays 12:30-1:30 pm

Fee: \$42/6 classes; \$9 Drop-in



## Eat Well, Live Well Lunch



Mon./Wed./Thurs.

Lunch 11:30 am

**Suggested donation \$3**

Sponsored by:

Office of Aging & Long Term Care

Please call 737-5520 one day in  
advance for reservations

Monthly Menus available in Lobby

The **Bright Red Bookshelf** provides **FREE** books. Look for the **Bright Red Bookshelf** in the outer lobby and take a book or two for the children in your life. Book donations accepted in the office.



The red rolling book cart has books for adults available to the community for free. Please feel free to take a book and/or donate a book back. Available in the outer lobby.

## Big Flats Historical Society Dinner

**February 25~ 6:00 pm**

Bring a dish to pass and  
your table setting.

**~ All are Welcome ! ~**

## Creative Hands:

### ART:

#### Tuesday Painting

Tuesday 1-4 pm

BYO Project

#### Portrait Workshop

Wednesday 1-4 pm

\$10.00/Class

#### Ceramic Painting

Monday 12-3 pm

BYO Project

#### Sewing / Knitting:

##### "Senior Sewing"

Wednesday 9-Noon

BYO Project

Instruction available

##### "Knit 'n Knots"

Monday & Friday 9-Noon

BYO Project.

Instruction available



## Card Games:

Monday: **BRIDGE**

Tuesday: **The Players / Bridge**

Wednesday: **EUCHRE**

Friday: **PINOCHLE**

**12:30-4:00 pm**

**Come and play!**

**All are Welcome!**



## Big Flats Community Center

476 Maple St. Big Flats, NY 14814

607-562-8443 x. 303

5DD-711

communitycenter@bigflatsny.gov

Office Hours 8am - 4pm

Website: [www.bigflatsny.gov](http://www.bigflatsny.gov)

