

August 2015

CALENDAR

August 4 **Teen Night Out / Cookout**
August 5 **Senior Dinner**
August 6 **Italian Cooking Class**
August 6 & 7 **AARP Driver Safety Class**
August 7 **Last Day Summer TAFFY**
August 10 & 24 **'Community Jam Session'**
August 11 **Teen Night Out / SkyZone**
August 13 **Teen Night Out / SeaBreeze**
August 17 & 18 **AARP Driver Safety Class**

Senior Monthly Dinner

Bring a dish to pass
First Wednesday of the
month



August 5, 2015 6:00 pm

Music: Elmer Darling Duo
Ice-cream Social- Youth Treat

~ All are Welcome ~

(Next Dinner: September 2)

Red Cross Blood Drive



August 11, 2015

1:00-6:00 pm

Walk ins welcome

Big Flats Community Center

Italian Cooking Class

with MaryAnne Holleran

Thursday, August 6, 2015

6:30-8:30 pm

Cost \$20 / person

MENU:

Warm Potato Salad with Pancetta

Pasta Sapore Piccante

Pesche Ripiene (Stuffed Baked Peaches)

Space is limited; call office to sign up

Next class: September 3, 2015



Teens looking for odd jobs?
Residents need odd jobs / yard work done?

Y.E.S. (Youth Employment Service)

A year round service for youth ages 14-21 yrs. looking
for work and for individuals and businesses
that have work to be done.

Call the Youth Department for details.
607-562-8443 ext 307



Youth Programs:

Summer TAFFY

July 6-August 7, 2015
(Registrations on-going)



Teen Night Out

August 4th - Teen Cookout

August 11th - SkyZone

August 13th - Seabreeze

* *RSVP required*

Senior Dinner

August 5th

Volunteer Opportunities Available
Youth Dept. : 562-8443 ext 307



AARP Defensive Driving Class

August 6 & 7 ~ 12:30 pm

August 17 & 18 ~ 5:30 pm

Fee: \$20 for AARP Members

\$25 for Non-members

Call/stop in to register for classes



~Calling all Musicians ~

Looking to Share your talents and learn new
music and most of all have FUN?

Community Jam Session

2nd & 4th Monday / month 6-9pm

August 10th & 24th

Big Flats Community Center

Open to all musicians of any talent & skill level





August 2015



Exercise Classes:

Dance with Tracy Wigley:

Superstars Ballroom & Latin Line & Party Dance for Children

Mondays 4:00-5:00pm / Fee \$10 per class

Boot Scootin Bandits Line & Party Dance

Mondays 6:30-7:30 pm / Fee: \$15 per class

Sizzling Hot Social Latin Dance

Mondays 7:30-8:30 pm / Fee: \$15 per class

Kids Ballroom & Latin Beginners Level 2

Thursdays 4:00-5:00pm / Fee \$10 per class

Social Dance for Beginners

Thursdays 6:30-7:30 pm / Fee: \$15 per class

Ballroom & Latin Improvers Dance Class

Thursdays 7:30-8:30 pm / Fee: \$15 per class



Bone Builders

Tuesdays/Thursdays 10:00-11:00 am

Call Cornell Cooperative Extension 734-4161 to register.

(doctor's release and paperwork required for new participants)

Flexibility Exercises

(using chairs for balance)

Mon/Wed/Fri 10:30-11:30 am

'Gentle' Yoga-Karen Clark Romans:

Tuesdays 6:00-7:00 pm

Thursdays 6:00-7:00 pm

Fee: \$42/6 classes; \$10 Drop-in

Zumba with Vicki Rossettie:

Wednesdays 7:30-8:30 pm

*Thursdays 12:30-1:30 pm

Fee: \$42/6 classes; \$9 Drop-in



Creative Hands:

ART:

Tuesday Painting

Tuesday 1-4 pm

BYO Project

No Class in Summer months

Portrait Workshop

Wednesday 1-4 pm

\$8.00/Class

*** Classes will resume in September ***

Ceramic Painting

Monday 12-3 pm

BYO Project

Sewing / Knitting:

"Senior Sewing"

Wednesday 9-Noon

BYO Project

Instruction available

"Knit 'n Knots"

Friday 9-Noon

BYO Project.

Instruction available



Quilt²

4th Tuesday / Month 6:30 -9:00pm

September - June

BYO Project

Card Games:

Monday: **BRIDGE**

Tuesday: **The Players / Bridge**

Wednesday: **EUCHRE**

Friday: **PINOCHLE**

12:30-4:00 pm

Come and play!

All are Welcome!



Eat Well, Live Well Lunch

Mon./Wed./Thurs.

Lunch 11:30 am

Suggested donation \$3

Sponsored by:

Office of Aging & Long Term Care

Please call 737-5520 one day in advance for reservations

Monthly Menus available in Lobby

The red rolling book cart has books for adults available to the community for free. Please feel free to take a book and/or donate a book back. Available in the outer lobby.



Big Flats Community Center

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607-562-8443 x. 303

5DD-711

communitycenter@bigflatsny.gov

Office Hours 8am - 4pm

Website: www.bigflatsny.gov

'Like us' on Facebook at:

Big Flats Community Center

The **Bright Red Bookshelf** provides **FREE** books. Look for the **Bright Red Bookshelf** in the outer lobby and take a book or two for the children in your life. Book donations accepted in the office.